

Professional Disclosure Statement

Kevin Lemieux, MA, LPC

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Philosophy and Approach to Counseling

I believe that our emotional and mental health depends on our abilities to embrace and express our feelings, move toward social interest and attaining goals of self-worth in love, work and life in general. Our emotional and mental health suffers when there are inconsistencies between the image we have of ourselves and our immediate experiences. Counseling allows us to gain an accurate perception of who we are in the world and include our feelings in this reality. My counseling approach is based on Client Centered Therapy and involves the belief that each individual has the capacity to deal constructively with all aspects of life. My job in the counseling process is to offer an environment of safety, respect and acceptance to each person.

Much of who we are is rooted in our past. We will explore those past experiences that may contribute to the difficulties that bring you to counseling today. My approach considers the impact of the family you grew up in, your current family and other significant relationships. Through a better understanding of who you are and how you think and feel as you do, we will find ways to move toward healing.

Education and Training

I am a graduate of George Fox University with a Masters degree in counseling. Major course work has included individual and group therapy, marriage counseling and psychopharmacology. My Bachelor's degree is in psychology from the University of Oregon. Major course work included childhood development, thinking and memory and multicultural counseling. I have additional training in integrating spirituality with therapy, trauma counseling, grief counseling and conflict resolution.

In 2005-2006, I worked as an intern at the Salem Veterans' Center. I counseled veterans with combat experiences in the Vietnam War, Korean War, Persian Gulf War and the current conflicts in Iraq and Afghanistan. Much of the counseling addressed issues such as Posttraumatic Stress Disorder, substance abuse, depression, relationship difficulties and the integration of military life with civilian life.

2007-2011, I was employed by Jasper Mountain Center as a child and family therapist. In this setting, I worked with children between the ages of five and thirteen and their parents or caregivers. The children I serve struggle with issues surrounding trauma, physical and

sexual abuse and neglect. Through play therapy and psychotherapy, the children were given a safe and respectful environment so that they could express themselves as individuals, process their difficult circumstances and begin their healing journey. The parents and caregivers were given counseling, support and the tools necessary to better understand their children's behaviors in order for them to more effectively support, care and love them. These tools include: implementing behavioral plans, offering educations support and respite.

Professional Boundaries

In order to protect confidentiality, I do not acknowledge our counseling relationship if our paths were to cross outside of the counseling context, unless you were to initiate it. I avoid social and business relationships with clients because any relationship beyond our counseling relationship would potentially be counterproductive and detrimental to the purposes of counseling.

Fees

I charge \$95 per 50-minute individual session and \$40 per 1½ hour group session. If you have insurance, and services are covered by it, arrangements can be made for me to bill your insurance company directly. It is important that you check with your insurance company about coverage under my license. You are responsible for any balance unpaid by insurance. **Sessions not cancelled within 24 hours of the scheduled appointment and sessions missed altogether will incur a cancellation fee.**

Client's Bill of Rights [OAR 833-060-0001(4)(h)]

As a client of services offered by a Licensed Professional Counselor, you have the following rights:

To expect that your counselor has met the minimal qualifications of training and experience required by state law.

To examine public records maintained by the Board and to have the Board confirm credentials of your counselor.

To obtain a copy of the Code of Ethics.

To report complaints to the Board.

To be informed of the cost of professional services before receiving services.

To be assured of privacy and confidentiality while receiving services as defined by rule and

law, including the following exceptions:

Reporting suspected child abuse.

Reporting imminent danger to client or others.

Reporting information required in court proceedings or by client's insurance company, or other relevant agencies.

Providing information concerning intern case consultation or supervision.

Defending claims brought by client against the counselor.

If you do not feel as though your concerns are being addressed appropriately, please feel free to contact the Oregon board at: **312 Pringle Road SE #250, Salem, Oregon 97302. Telephone: (503) 378-5499**

Consent for Treatment

I affirm that prior to becoming a client of Kevin Lemieux, he gave me sufficient information to understand the nature of his counseling practice. This information included his training, experience, philosophy and approach to counseling, fee information and client Bill of Rights from the Code of Ethics.

I consent to treatment with Kevin Lemieux.

Client's signature _____ Date _____

Counselor's signature _____ Date _____